

Teachers: Mohammad Razik MYP Subject: Physical Education Grade/MYP Year: 6-8/1-3

Unit title	Key concept	Related concept(s)	Global context	Statement of Inquiry	Objectives	ATL skills	Content
Soccer	Development	Environment	Identities and relationships: competition and cooperation	Through competition and cooperation, students will develop the necessary skills to be successful in different environments on and off the soccer field.	A. Knowing and Understanding I. explain physical and health education factual and procedural knowledge. C. Applying and Performing i. demonstrate a range of skills D. Reflecting and Improving Performance ii. Develop goals	Communication Self-Management	Offensive skills in soccer (dribbling, passing, and scoring), defensive skills (stealing), and vocabulary words.
Basketball	Connections	Choice	Identities and relationships: Roles and role models	The CHOICES individuals make are based off prior knowledge from past CONNECTIONS with through self, global context, and world.	A. Knowing and Understanding I. explain physical and health education factual and procedural knowledge. C. Applying and Performing ii. demonstrate a range of strategies and movement concepts D. Reflecting and Improving Performance iii.	Thinking Social	Offensive skills in basketball (dribbling, passing, and shooting), defensive skills (blocking and stealing), and vocabulary words. Make connections to themselves, books, movies, athletes, etc.

					Analyses and evaluate		
Hockey	Communication	Space	Identities and Relationships: Competition and Cooperation	Communication is an essential life skill that is needed in the sport of Hockey such as when players are moving into open space and scoring goals, assists, and steals.	A. Knowing and Understanding I. explain physical and health education factual and procedural knowledge. C. Applying and Performing i. demonstrate a range of skills D. Reflecting and Improving Performance ii. Analyses and evaluate	Thinking Social	Learn the correct way to grip and swing a hockey stick (wrist shot, dominant hand on bottom, non-dominant on top), defensive skills (blocking and stealing), and vocabulary words. Use academic language learned by communicating with their teammates and opponents.
Ultimate Frisbee	Time and Place	Movement	Orientation in Space and Time	Participants develop an understanding of time and space through movement in a changing environment.	A. Knowing and Understanding I. explain physical and health education factual and procedural knowledge. C. Applying and Performing i. demonstrate a range of skills D. Reflecting and Improving Performance ii. Analyses and evaluate:	Thinking Communication	Learn the correct way to throw and catch a Frisbee, how to score by creating space at the right time, Frisbee tag, and Frisbee relays, create your own Frisbee game, Frisbee tournament

Fitness-gram	Systems	Energy	Identities and Relationship: Physiological and physical development	The use of hard work and energy creates a physical change in the cardiovascular system of the body.	A. Knowing and Understanding I. explain physical and health education factual and procedural knowledge. B. Planning for Performance i. justify plans to improve physical performance C. Applying and Performing i. demonstrate a range of skills D. Reflecting and Improving Performance ii. Analyses and evaluate	Research Social	Pacer test, sit and reach, curl-ups, flexibility test, identify exercises to improve cardiovascular systems, compare and contrast the different types of systems in the human body.
Football	Communication	Function	Orientation in space and time	Effective communication develops functioning movements in space to complete a certain task.	A. Knowing and Understanding I. explain physical and health education factual and procedural knowledge. C. Applying and Performing i. demonstrate a range of skills D. Reflecting and Improving Performance ii. Analyses and evaluate	Communication Social	Passing, catching, route running, flag pulling, gameplay, rules and regulations, statistic tracking.
Wiffleball/ Softball	Identity	Choice	Identities and relationship: roles	The different role and Identity of each student can	A. Knowing and Understanding	self-management	Pitching and hitting, throwing and

				impact the choices made during the game.	I. explain physical and health education factual and procedural knowledge. C. Applying and Performing i. demonstrate a range of skills D. Reflecting and Improving Performance ii. Analyses and evaluate	communication	catching, communicating on defense, reading progressions on the field and making choices
Kickball	Relationships	Interaction	Identities and relationships: Competition and Cooperation	While playing on the same team, students will build relationships with each other and interact in a positive way to pursue the same goal.	A. Knowing and Understanding I. explain physical and health education factual and procedural knowledge. C. Applying and Performing i. demonstrate a range of skills D. Reflecting and Improving Performance ii. Analyses and evaluate	Thinking Communication	Rolling, striking, catching, running the bases, vocabulary associated with the defensive positions of kickball.